



MYTHS BUSTED

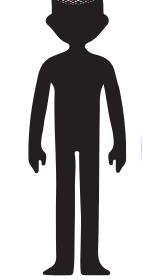
Vaping is not harmless: Over the past four years, studies have shown that the gases and particles in e-cigarette vapors can harm...











E-cigarettes can contain harmful chemicals, including nicotine. Nicotine exposure during adolescence can cause addiction and can harm the developing adolescent brain.

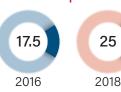
E-cigs don't need nicotine to be toxic. Diaceytl, known to be used by e-cig companies for flavoring e-juice, has been linked to a lung disease called popcorn lung.

GET THE FACTS

local trends



Percentage of teen vapor use



national trends

E-cigarettes are the most commonly used tobacco product among U.S. middle and high school students.

The most popular e-cigarette, called JUUL, delivers a high **dose of nicotine** and is shaped like a USB flash drive, making it easier to conceal and use during school.

Why are teens vaping?

40% 23% 21%

13%

enticing taste

Talk early. Talk often. Visit TalkSooner.org for additional information about the dangers of e-cigarettes.

TalkSooner.org
Talk

Paid for by Drug Free Communities Grant Fund

For complete source information, visit TalkSooner.org/drugs/e-cigarettes

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